

Biooats<sup>®</sup>

Healthy choice • Healthy life



IMPORTED FROM USA

# Beta Glucan King

with CoQ10

Organic Oat Bran Powder

有机燕麦麸粉

含有燕麦Beta-葡聚糖和CoQ10



3 grams of Beta-glucan daily helps to reduce Cholesterol

每日摄取3克Beta-葡聚糖 有助降低胆固醇



## Serving Suggestion

### 冲调方法

Consume 30 minutes before meal to achieve effectiveness

用餐前30分钟饮用以达到最佳效果

2 servings daily before meal

每日2杯，饭前饮用

- ↓ Prepare 150ml warm water  
准备一杯 150ml 温水
- ↓ Add 3 scoops (about 25g) of Beta Glucan King powder  
加入3汤匙 (约25g) 有机燕麦麸粉
- ↓ Stir well and serve  
搅拌均匀便可饮用



Scan to website  
扫码登入官网



Genexis  
NUTRITION

For more info, reach us at  
欲知更多详情，欢迎联系我们

Biooats

010 317 2898

Distributed by:

GARNET LABS (M) SDN. BHD.  
(1376410-W)

[www.genexis-nutrition.com.my](http://www.genexis-nutrition.com.my)

## Effectively Control Blood Glucose & Lower Cholesterol

有效稳定血糖和降低胆固醇

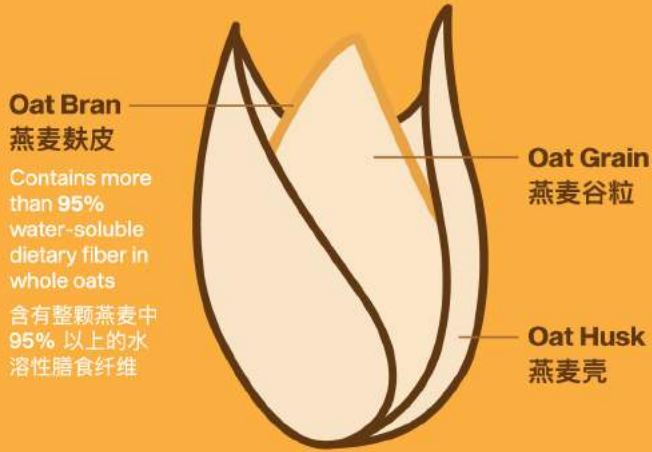


International Clinically Proven Health Claims:  
国际临床证明的健康声明:

1. Malaysia-MOH (Ministry of Health Malaysia)   
马来西亚卫生部 (MOH) 认证的健康说明  
3g Beta glucan "oat soluble fiber" helps to lower/ reduce cholesterol and lower the rise of blood glucose provided it is not consumed with other food.
  2. EU-EFSA (European Food Safety Authority)   
欧洲食品安全局 (EFSA) 认证的健康说明  
Regular consumption of oat beta glucan contributes to lower/ reduce blood cholesterol, reduction of the glucose rise after a meal and reduce the risk of heart disease.
- \*Australia, New Zealand, Indonesia, South Korea, USA have certified the benefits of Beta Glucan.   
澳洲、新西兰、印尼、韩国及美国都认证Beta-葡聚糖的好处。

# What is Oat Bran?

## 什么是麦麸？



**Plant-based Ingredients**  
全植物性成分



**High Soluble Dietary Fiber**  
高水溶性纤维



**Low Fat**  
低脂肪



**Low GI**  
低升糖指数



**No Artificial Ingredients**  
无添加任何化学成分



**Preservative-free**  
无防腐剂



**Gluten-free**  
无麸质



**Lactose-free**  
无乳糖



**Dairy-free**  
无奶制品

# Who should be taking Beta Glucan King

## 谁适合饮用 Beta Glucan King 有机燕麦麸粉



Individuals desire to maintain healthy cholesterol and glucose level  
欲维持健康的胆固醇及血糖水平



Individuals with high cholesterol level (LDL)  
高密度脂蛋白胆固醇 (LDL) 患者



Pre-diabetic/ diabetic patients  
前期糖尿病/ 糖尿病患者



Individuals intend to increase daily fiber intake  
想增加每日纤维摄入量



Vegetarian and vegan friendly  
素食者



Obesity individuals  
过度肥胖者

# Benefits of Beta Glucan

## Beta-葡聚糖的好处

- ✓ Regulate blood sugar level  
调节血糖水平
- ✓ Lower cholesterol and triglycerides<sup>1</sup>  
降低胆固醇及血脂<sup>1</sup>
- ✓ Improve cardiovascular system  
改善心血管系统
- ✓ Solve constipation and enhance lower bowel movement  
解决便秘问题
- ✓ Prevent stroke  
预防中风
- ✓ Boost immunity system<sup>2</sup>  
促进免疫系统<sup>2</sup>
- ✓ Prevent breast and gastric cancer<sup>3</sup>  
预防乳腺癌及胃癌<sup>3</sup>

1. (Sima, Vannucci & Vetvicka, 2018) 2. (Chan, Chan & Sze, 2009) 3. (Pan et al., 2019)

# Benefits of CoQ10

## CoQ10的好处

- ♥ Lower blood pressure  
降低血压
- ♥ Prevent cardiovascular disease<sup>1</sup>  
预防心血管及心脏疾病<sup>1</sup>
- ♥ Sustain a healthy blood lipid level  
维持健康血脂水平
- ♥ Powerful antioxidant to slow down cell aging<sup>2</sup>  
抗氧化剂帮助减缓细胞老化<sup>2</sup>
- ♥ Boost energy and stamina  
增强体力与耐力
- ♥ Combat fatigue  
抗疲劳

1. (Zozina, Covantev, Goroshko, Krasnykh & Kukes, 2018)  
2. (Hernández-Camacho, Bernier, López-Liuch & Navas, 2018)